

BEST PRACTICES IN MY INSTITUTION – I

1. Title of the practice: Environmental awareness generation through the Nature Club, CANOPY, set up in the college, and operated by the students and the teachers of the institution.

2. The context that required the initiation of the practice (100 – 120 words)

Growing menace of environmental pollution and destruction of natural resources have left disastrous impact on all living organism of our planet, and as such are making our natural habitat less and less secure place for us to sustain our life. In the last few decades the environmental issues have come to be recognized as very crucial one. Our college is located in a rural place and our locality is rich with natural resources. These conditions prompted us to initiate the environmental awareness programme.

3. Objectives of the practice (50 – 60 words)

The objective of the practice is to sensitize the students of this college, and through them spreading the environmental awareness among the people of the locality. Canopy, the Nature Club of the college aims at promoting the conservationist practices and developing a sense of intimacy with natural environment. The activists of the Nature Club try to promote the practice of nature study and make people conscious the importance of the diversity of natural resources.

4. The Practice (250 – 300 words)

Canopy organized Photo exhibition on Avian and Lepidopteran fauna. Nature trail was organized. Seminar talks on wild life photography were arranged both by the staff-facilitators as well as by the invited speakers. Plantation project was carried out both inside the college campus and along the sides of the approach roads to the college. Field tours were conducted with participation from students volunteers. Nature camp was held in Gojoldoba and Buxa Tiger Reserve. Manufacturing of and implanting bird nets inside the college campus.

5. Obstacles faced if any and strategies adopted to overcome them (150 – 200 words)

Problem of adequate space for infrastructure development. General people's ignorance of and indifference to the consequence of using plastic products. Release of waste (both bio-degradable and non-degradable) in the college premises. Burning of waste in the college premises.

6. Impact of the practice (100 – 120 words)

Members of the Nature Club and a section of the general students are taking care in proper disposal of the waste inside the college campus. Members of Canopy are showing a greater concern towards maintenance of natural habitats of flora and fauna.

7. Resources required: Energetic and motivated activists for pursuing the projects taken up by Canopy. Necessary infrastructure for conservation of natural resources.

8. About the Institution:

- i. Name of the Institution : **Bejoy Narayan Mahavidyalya**
- ii. Year of Accreditation : **2015 (Second Cycle)**
- iii. Address: **P.O.- Itachuna, Dist.-Hooghly, West Bengal**
- iv. Grade awarded by NAAC : **B+**
- v. E-Mail : **bnmv2012@yahoo.in**
- vi. Contact person for further details : **Dr.Goutam Bit,
Principal,
Bejoy Narayan Mahavidyalaya**
- vii. Website : **www.bnmv.ac.in**

BEST PRACTICES IN MY INSTITUTION-II

1. Title of the practice: Integrated Personality Development Programme

2. The context that required the initiation of the practice (100 – 120 words)

The society we inhabit requires individuals with social responsibility and moral integrity to face the everyday challenges of life. Being future citizens of our country, our students require to nurture moral values that would itself help them assuming social responsibility, beginning from the familial level and extending to the level of the community. Besides, our students require to develop an inner discipline and integrity of character to steer themselves to the desired goals of their life, by way of restraining themselves from the lure of consumerist culture.

3. Objectives of the practice (50 – 60 words)

- To instil self-confidence, self-esteem, and self-reliance in the students.
- To develop physical, mental, intellectual, moral and spiritual power through appropriate exercises.
- To develop moral strength and integrity of character.
- To remove the veil of ignorance to reveal the knowledge within.

4. The Practice (250 – 300 words)

- Holding discussions on the life and teaching of Swami Vivekananda.

- Apprising the students of the rich heritage of our country with a view to building up their self-esteem.
- Encouraging students towards maintaining a disciplined life oriented to their aims and objectives.
- Imparting health consciousness. Motivating the students to take regular exercises, yoga and pranayam under proper guidance.
- Developing concentration through meditation and yoga.
- Imparting value education, and developing a spirit of fellow-feeling with family, friends and community at large.
- Holding debates on social and moral issues.

5. Obstacles faced if any and strategies adopted to overcome them (150 – 200 words)

Overall negative influences operating in the society which impairs moral values, individual integrity and social commitment by instigating impulses of self-gratification and promoting selfish pursuits.

6. Impact of the practice (100 – 120 words)

The students who regularly attend the programme have reported that they have overcome their frustrations, which is very common among the youth of the present age. Through the practice of yoga and meditation and exposure to moral teaching they develop the spirit to fight out the problems of life with determination and confidence.

7. Resources required: A meditation hall.

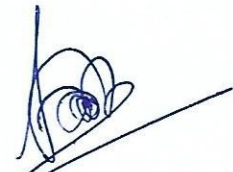
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